



CHARLOTTEALLSTARS.NET | 704.246.8611

2019-2020 School Year Gymnastics Class Schedule August 26, 2019 – May 23, 2020

Mon Tues Wed Thurs Fri/Sat

PRESCHOOL GYMNASTICS

Preschool Gymnastics in a Fun Learning Environment

Comets <i>Instructor Led -Parent Guided</i> (18 mth. – 3 yrs.)	45 min	\$60 mth		9:30		9:30	9:00 Sat.
Little Dippers <i>Preschool gymnastics in a fun environment</i> (3 -4 yrs. coed)	1 hr.	\$70 mth	9:30 4:00 5:15 6:30	4:00 5:15 6:30	4:00 5:15 6:30	4:00 5:15 6:30	9:30 Fri. 9:00 Sat
Super Sonic Sports Kids <i>Gymnastics and Ball Handling</i> Boys 3 – 5 yrs.	1 hr.	\$70 mth	1:30		1:30		
Rockets <i>Intro. Gymnastics for TK age</i> (4.5- 5 yrs. Coed)	1 hr.	\$70 mth	1:30		1:30		

GIRLS GYMNASTICS

All Level Classes for Girls Ages 5 & Up on Olympic Apparatus

Starlights <i>Entry Level – Advanced Beginner</i> (5 yrs. & Up)	1 hr.	\$70 mth	4:00 5:15 6:30	4:00 5:15 6:30	4:00 5:15 6:30	4:00 5:15 6:30	
Milky Ways <i>Intermediate</i> (Based on Skill Set)	1 hr. 15 min	\$80 mth	4:00 5:15 6:30	4:00 5:15 6:30	4:00 5:15 6:30	4:00 5:15 6:30	
Shooting Stars <i>Advanced</i>	1 hr. 30	\$90 mth	4:00 5:30	4:30 6:00	4:00 5:30	4:30 6:00	

BOYS GYMNASTICS

All Level Classes for Boys Ages 5 & Up

Ninjas <i>Gymnastics with Ninja Agility Course</i> (5 – 7 yrs.)	1 hr.	\$70 mth	4:00 6:00	4:00 5:00	4:00 6:00	4:00 5:00	
Warriors <i>Gymnastics with Ninja Agility Course</i> (8 yrs. and Up)	1 hr.	\$70 mth	4:00	5:00	6:00	5:00	



**CHARLOTTE ALLSTAR
GYMNASTICS &
CHEERLEADING**

**2019-2020 School Year
Gymnastics Class Schedule
August 26, 2019 – May 23, 2020**

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Mon	Tues	Wed	Thurs	Fri/Sat
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Tumbling Classes

Intro. To Tumbling <i>No skills required</i>	1 hr.	\$70 Mth.		5:00	4:00		
Level 1 Tumbling <i>Cartwheel, Handstand, Forward Roll, Backward Roll, and Backbend Required</i> (Coed 5-7 yrs.)	1 hr.	\$70 Mth.	4:30		5:00	5:00	
Level 1 Tumbling <i>Cartwheel, Handstand, Forward Roll, Backward Roll, and Backbend Required</i> (Coed 8 yrs. & up)	1 hr.	\$70 Mth.	5:00	6:00	6:00	6:00	
Level 2 Tumbling <i>Strong Cartwheels, Roundoffs, Back Walkover, and Front Limber Required</i>	1 hr.	\$70 Mth.	6:00	5:00	7:00	6:00	
Level 2.5 Tumbling <i>Back Handspring on Wedge OR Floor, Round Off Back Handspring Required</i>	1 hr.	\$70 Mth.		4:30	7:00	4:30	
Level 3 Tumbling <i>Strong Back handspring and roundoff back handspring series</i>	1 hr.	\$70 Mth.	6:15	5:00	5:00	4:30	
Level 4/5 Tumbling <i>Strong Roundoff Back Handspring Tuck, Standing Three Back Handspring and Front Tuck Required</i>	1 hr.	\$70 Mth.	6:15	5:00	5:00	5:30	
Boys Tumbling <i>Intermediate – Advanced Tumbling</i> (Ages 7 & Up)	1 hr.	\$70 Mth.				6:00	

HOME SCHOOL GYMNASTICS
Girls & Boys Gymnastics with Athletic Conditioning

	1 hr.	ask for rate	2:30	2:30	2:30	2:30	
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2019-2020 School Year Tumbling & Cheerleading Class Schedule August 26, 2019 – May 23, 2020

			Mon	Tues	Wed	Thurs
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Cheerleading Classes

All Star Cheer FUNdamental is a program for athletes of all ages to experience All Star Cheer in a seasonal, non-competitive format. Your athlete can learn the Fundamentals of cheer, dance and tumbling in a new exciting program.

Tiny Stars (3– 5 yrs.)	1 hr.	\$70 mth		4:00		5:15
Twinkle Stars (5 -7 yrs.)	1 hr.	\$70 mth		5:15	4:00	
Starburst (8 yrs. & up)	1 hr.	\$70 mth			6:15	6:15
School Cheer <i>Jumps, motions, cheers/chants, stunting & tumbling</i> (10 yrs. & up)	1 hr.	\$70 mth		6:15		
Group Stunt <i>Base or flyers looking to improve skills for stunting</i>	1 hr.	\$70 mth	5:00		6:00	
Coed Stunt <i>For flyers working on level appropriate skills</i>	1 hr.	\$70 mth				6:30
Flexibility & Body Positions <i>Train flexibility, strength, body positions & showmanship</i>	1 hr.	\$70 mth		5:00	5:00	4:45
Tiny Competition Team (3-6 yrs) <i>*see below for description</i>	1 hr.	\$115** mth			5:00	

- *This program will prepare our athletes to compete in the spring along with some performances for family and friends.
- ** Monthly tuition covers USASF registration, competition shoes, bow, practice outfit, uniform rental, competition fees- 2 local in Charlotte, coach's fees, choreography and music. For more info email juliebrien@charlotteallstars.net

CAGC Gymnastics & Cheerleading Class Info. & Policies

School Year Classes:

Start August 26th, 2019 and run monthly until May 23rd, 2020. We have on-going registration throughout the school year dependent on availability.

What to Wear:

Gymnast: Leotard or shorts and a t-shirt, barefoot, hair pulled back, and no jewelry. No half tops.

Cheerleader: Shorts, t-shirt, sneakers, hair back, no jewelry. No half tops.

Arrival/Departure:

Students wait at the designated class sign in the hall area to be picked up by the instructor. When the class is finished the instructor will bring the students back to the original meeting location to be picked up by a parent/guardian.

Parent Observation:

A week in December and May will be designated to come see what your child has learned during their class time. Students will receive a medal in December and a trophy in May.

Registration Policy:

Must be registered prior to your desired class day and time. Walk-ins and registering the day of the class are discouraged. *Availability and participation in class that day are not guaranteed.*

Make Up Policy:

CAGC does not offer make-up classes for any circumstance including closings due to inclement weather.

Class Transfer Policy:

Class or level changes must be made through the front desk prior to the day of the class (*notifying an instructor will not be adequate*).

Gym Policies:

Class kids are not allowed on the floor/equipment unless they are with an instructor. All siblings, who are not enrolled in a class, must be monitored AT ALL TIMES in the waiting areas.

Children must ALWAYS be accompanied by an adult in the facility.

Parent/Guardians are not required to stay when student is in class.

Parents/Guardians and siblings are not allowed on equipment or any part of the gym floor.

Drop Policy:

The parent/guardian must give a 30-day drop notice prior to withdrawing a student from the class. The child's enrollment will end 30 days from when the notice is given and your last monthly payment will reflect the remaining amount of classes in the 30 days.

Otherwise, the account will be billed for the entire month and no refunds will be given. All drop notices need to go through the front desk (*notifying an instructor or any other personnel will not be adequate*).

Registration Fee:

Non-refundable annual (per school year registration fee is due upon registration.

The fee structure as follows:

_1st Child \$40.00

_2nd Child \$30.00

3rd Child \$20.00

CAGC Closings:

CAGC does not follow all school closing schedules. We are closed on the dates listed below:

October 31st

THANKSGIVING BREAK

November 27-30

HOLIDAY BREAK

December 23 – January 4

Class Tuition per Month:

Classes are one day per week. (You may register for multiple classes per week at reduced rate.)

Choose the day and time to come consecutively each week.

45 Min Class/Monthly Rate

Once a Week: \$60 per month

Twice a Week: \$105

1 Hour Class/Monthly Rate

Once a Week: \$70 per month

Twice a Week: \$125

1 hr. 15 min. Class/ Monthly

Rate

Once a week: \$80 per month

Twice a week: \$145 per month

1 hr. 30 min. Class/ Monthly

Rate

Once a week: \$90 per month

Twice a week: \$165 per month

Payments:

Registration:

Registration fee(s) and first month fees will be charged upon registration. The automatic draft will begin on the 1st of the next month.

Automatic Draft:

Payments will be deducted from your debit or credit card on the 1st of each month (Visa, MasterCard and Discover accepted.)

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www.charlotteallstars.net

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