

CHARLOTTE ALLSTARS PRESENTS

SEASON

thirty



EVALUATIONS

SATURDAY MAY 11TH

8 & under - 12:00pm - 1:00pm

9 - 11 years old - 1:00pm - 2:00pm

12 - 14 years old - 2:00pm - 3:00pm

15 & up - 3:00pm - 4:00pm

COST: \$35

**COME JOIN US FOR OUR
BEST SEASON YET!**

704 - 246-8611

www.CharlotteAllstars.net

11011 Monroe Rd. Matthews, NC



2019 – 2020 Evaluation Information

THANK YOU for your expressed interest in Charlotte Allstar Cheerleading! We are very excited to be heading into our **30th Season** in business. CAC has created a safe space for all athletes, no matter their experience, and has become a second home to over 4,000 athletes over the years. We pride ourselves on building athletes in and out of the gym, continuing education of our sport for all parties involved, and excelling in every competitive area.

Our Evaluation Process is not a tryout. During a typical tryout process, applicants do not always make the team. Charlotte Allstar started the Evaluation process instead, to help grow allstars throughout all ages and levels. As long as a family and athlete are committed to developing their skills, and are committed to our program, we want to welcome **ALL** to the CAC family!

Charlotte Allstar Tuition is all inclusive. CAC strives to give a very transparent view of all costs for our competitive cheerleading program by creating a monthly tuition that is consistent for 12 months without surprise pop up fees. We have found that this monthly payment structure is easier to budget and plan for the 2019-2020 competition season.

Included in our tuition is:

Gym Registration	Gym Tuition	USASF Registration	Skills Camp
Choreography	Music	Coaches Fees	Competition Fees
1 Weekly Tumbling Class	Competition Shoes	Competition Hair Bow	Extra Practices
Warm Up Jacket	Camp Purple	Athlete Banquet Fee	3 Athlete Shirts
2 Practice Sets (Full Year)	1 Practice Set(1/2 yr)	Beach Camp (Level 6)	

NOT Included in our tuition is:

*World's, Summit, and US Finals Fees

*Competition Uniform and Warm-up Leggings for new athletes (or those who have grown out of their current size).

This packet includes everything you need to complete an evaluation at Charlotte Allstars. Please look over all pages, fill it out completely and bring it with you to your evaluation. If you need to set up a private evaluation please contact KendylBrewer@CharlotteAllstars.net



Parent Account Dashboard: Please become familiar with your parent Dashboard. This is where you may update your personal information, payment information, make online payments (for items and classes separate from your automatically drafted tuition payments) as well as sign up for additional classes or events.

RETURNING MEMBERS:

How to log into your Charlotte Allstar account in Jackrabbit

1. Go to www.CharlotteAllstars.net
2. Click on "Teams / Competitive"
3. Click on "Members / New Registration". This will re-direct you to the Jackrabbit website.
4. If you have been on an Allstar Team, AAU Team or enrolled in a class in the past year, click on the red "Already a customer? Click here to login" button.
5. Enter your Used ID and Password ** If you have never logged in or forgot your login information, click on "Reset Password" and you will receive password reset information to your provided email address.
6. Once you have logged in, you will come to your personal Dashboard. Here you will have access to your account and registration information.
7. Click "Find Classes"
8. Select the 1st option: "2019-2020 Charlotte Allstar Cheerleading Evaluations"
9. Click "Add to Cart"
10. Select Student(s)
11. Read & Click ALL POLICIES
12. Then Click "Add" (back up at the top)
13. Click " Check out now"
14. Click "Accept Enrollment Fees & Continue"
15. Your athlete is now officially registered for 2019-2020 Charlotte Allstar Cheerleading Evaluations!
Welcome to the CAC Family!

NEW MEMBERS:

How to Register your athlete for Charlotte Allstars:

1. Go to ... www.CharlotteAllstars.net
2. Click on "Members/New Registration"
3. Fill out the Registration Form
4. Please note that "Family Last Name" is your ATHLETE'S LAST NAME even if it is different from yours. You will be able to type in parent last names under "Contact 1" and "Contact 2"
5. You must enter information in every space that has an asterisk (this includes the credit card you will use for the monthly tuition drafts.)
6. Select a Class – please choose: "2019-2020 Charlotte Allstar Cheerleading Evaluations"
7. Once you hit "Submit Registration" you will be prompted to sign into your new Parent Portal.
8. Once you have logged in, you will come to your personal Dashboard. Here you will have access to your account information.
9. Your athlete is now officially registered for 2019-2020 Charlotte Allstar Cheerleading Evaluations!
Welcome to the CAC Family!



Athlete Name: _____ Age on August 31 _____ Date of Birth _____ / _____ / _____

Athlete Phone # _____ Athlete Email _____

Emergency Contact Name _____ Emergency Contact Relationship _____

Emergency Contact Phone # _____ Alternate Phone # _____

Last Year's Team/Level _____ # of Years in Competitive Cheer _____ Other experience - gymnastics or dance _____

Would you want your athlete to be considered for a crossover position between two teams? YES
A Crossover is someone who competes on two teams rather than just one all year. NO
(Crossover fees would apply)

Roster requests (carpool concerns, sibling considerations, friendships, Church Youth Group, conflicts with certain days)

*These requests will be considered, but **NO GUARANTEES** are made. Specific requests for ride sharing / siblings / practice times etc. that are realistic & valid are accommodated when it doesn't hinder overall rosters. Requesting to fly, to be on an older team than your normal age group or to be on a team with higher level skills than the ones you currently have are unlikely to make an impact on the final roster selection.

If you have been on a team before, what role(s) did you play in stunt groups? (Check all that apply)

- MAIN BASE
- SIDE BASE
- BACK SPOT
- FLYER

Please list the HIGHEST Level of stunts you have competed? (Circle One) 1 2 3 4 5 6

If you would like to be on a level below your mastered level - what level would that be and why?

What extra-curricular activities will be a high priority for you than your all star team? (For what would you potentially request an absence?)



Athlete Name: _____

Age on August 31 _____

Date of Birth _____ / _____ / _____

Please fill IN THE CIRCLES ONLY for skills you currently have MASTERED. Mastered means you can currently perform that skill safely, consistently, and with good technique, three times or more.

		STAFF ONLY			Strong		Weak	
			➔		S	O	W	O
-	<input type="radio"/>	Backward Roll			S	O	W	O
-	<input type="radio"/>	Backbend Kick Over			S	O	W	O
-	<input type="radio"/>	Cartwheel			S	O	W	O
-	<input type="radio"/>	Roundoff			S	O	W	O
1	<input type="radio"/>	x3 BWO			S	O	W	O
1	<input type="radio"/>	FWO Cartwheel x2 BWO			S	O	W	O
1	<input type="radio"/>	Valdez / Switch Leg BWO			S	O	W	O
2	<input type="radio"/>	BHS stepout BWO BHS			S	O	W	O
2	<input type="radio"/>	FWO Roundoff (BHS) series 3			S	O	W	O
2	<input type="radio"/>	RO BHS Rebound Half Turn RO BHS			S	O	W	O
2/3	<input type="radio"/>	Standing (BHS) series 3			S	O	W	O
3	<input type="radio"/>	Multiple jump combo to BHS series 3			S	O	W	O
3	<input type="radio"/>	FWO Roundoff BHS tuck			S	O	W	O
3	<input type="radio"/>	Ariel Sashay RO Tuck			S	O	W	O
3	<input type="radio"/>	Punch front Pause RO Tuck			S	O	W	O
3/4	<input type="radio"/>	Multiple Standing Tucks			S	O	W	O
4	<input type="radio"/>	Standing (BHS) series to back tuck			S	O	W	O
4	<input type="radio"/>	Multiple jump combo to BHS back tuck			S	O	W	O
4	<input type="radio"/>	FWO Roundoff BHS layout			S	O	W	O
4	<input type="radio"/>	Speciality pass including a whip			S	O	W	O
4	<input type="radio"/>	Speciality pass including a punch front step out			S	O	W	O
4/5	<input type="radio"/>	Multiple jump combo to back tuck			S	O	W	O
5	<input type="radio"/>	Roundoff BHS full			S	O	W	O
5	<input type="radio"/>	Standing 1 2 3 to layout			S	O	W	O
5	<input type="radio"/>	Standing Pass with a whip			S	O	W	O
5	<input type="radio"/>	FWO RO BHS Full			S	O	W	O
5	<input type="radio"/>	Speciality pass Punch Front Step out to Full			S	O	W	O
5	<input type="radio"/>	Speciality pass including a whip through to Full			S	O	W	O
5/6	<input type="radio"/>	Roundoff BHS double			S	O	W	O
6	<input type="radio"/>	Standing Full			S	O	W	O
6	<input type="radio"/>	Standing 1 2 3 to double			S	O	W	O
6	<input type="radio"/>	Standing Speciality whip to Double			S	O	W	O
6	<input type="radio"/>	Speciality pass including Arabian to Double			S	O	W	O
6	<input type="radio"/>	Speciality pass including Whip to Double			S	O	W	O



(STAFF only below line)

Pike s w
Toe Touch s w
Flyer Yes No

Hurdler s w
3 Jumps s w

Splits Right Yes No
Left Yes No
Middle Yes No

Evaluation Comments

Horizontal lines for evaluation comments

Coach Evaluations Comments and Levels

Horizontal lines for coach evaluations

Training Letter in Order by Day _____ & _____



2019 - 2020 Season Vacation Request Calendar

Athlete Name: _____

This is a calendar template for the 2019-2020 season. Please circle every date you already know that you have an event/vacation planned for this season. The earlier we know if an athlete may possibly miss a practice, the better it will be for the team as a whole. Not all requests will be granted. * Please Note that Allstar Cheerleading ia a TEAM sport! There is no bench. Our expectation for ALL CAC athletes is that they compete at EVERY Scheduled competition.

We need summer dates immediately so we can schedule the Skills Camp and Choreography Camp when the whole team (or majority of the team) can be there. Please note that even if you are unavailable we may still need to choose that date. We must choose the best dates for each team. Same goes for competition season - we are at the mercy of the Event Producers and also need to plan around school calendars.

S	M	T	W	TH	F	S
JUNE / 2019						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Please give details:

S	M	T	W	TH	F	S
JULY / 2019						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Please give details:

* We want any Cheerleader to experience sideline cheerleading. Football Cheerleading will be excused with prior CAC Coaches approval, Basketball cheer WILL NOT be excused.

S	M	T	W	TH	F	S
AUGUST / 2019						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Please give details:

S	M	T	W	TH	F	S
SEPTEMBER / 2019						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Please give details:



S	M	T	W	TH	F	S
OCTOBER / 2019						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Please give details:

S	M	T	W	TH	F	S
NOVEMBER / 2019						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Please give details:

S	M	T	W	TH	F	S
DECEMBER / 2019						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Please give details:

S	M	T	W	TH	F	S
JANUARY / 2020						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Please give details:

S	M	T	W	TH	F	S
FEBRUARY / 2020						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Please give details:

S	M	T	W	TH	F	S
MARCH / 2020						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Please give details:

Charlotte Allstars will follow CMS Spring Break and close: April 13-17.

We recognize that different schools have different Spring Break Weeks - if your Spring Break is different from CMS, you will still be required to be at practice.

S	M	T	W	TH	F	S
APRIL / 2020						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Please give details:

S	M	T	W	TH	F	S
MAY / 2020						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Please give details:



As your coach you can expect...

- I will strive to teach my athletes respect and sportsmanship.
- I will maintain open and honest communication with athletes, parents, and other coaches by sending Bi-Monthly / weekly emails.
- I will model respect and teach life skills necessary to succeed.
- I will use my professional knowledge of the sport to strive to provide the team with the best opportunity to succeed.
- I will encourage the development of positive team culture.
- I will hold my athletes accountable.

As a Charlotte Allstar Athlete and Parent...

Attendance: Parent and Athlete Initials

Competitive cheerleading is a team sport that requires regular attendance by all team members. Our coaches work extremely hard to develop calendars that are workable for their teams. Competition dates as well as school calendars and other factors drive the schedules. The coaches will also try to take in account individual needs prior to publishing a calendar.

_____ I, as an athlete/parent will do my part to ensure that I / my athlete, will attend practice on time and have full participation.

_____ I know I may cheer football at school and miss or be late for CAC practices during September-November with a CAC Coach's PRIOR approval.

_____ I know I may only cheer during basketball or participate in a winter/spring sport if CAC is the priority, which means I may NOT be late or miss practice due to cheering during basketball unless you have your CAC Coach's permission.

_____ Please note: CAC recognizes that different schools follow different calendars from private school to public school, county to county, and even NC Schools to SC Schools. With that information you still must follow your team calendar when it comes to practices, competition, Spring Break, etc.

_____ I will not schedule/ participate in Birthday party celebrations, family events, etc. on practice nights. This would be an unexcused absence.

_____ All communication on social networking sites such as Facebook, Instagram, Snapchat and Twitter, etc must be positive and represent our values as a program.

_____ I will treat all individuals (teammates, coaches, staff, parents, gymnasts, competitors, Competition Event Staff, Guest Coaches etc.) with the utmost respect at all times.

Athlete Initials Only: CAC Environment & Athlete Expectations

_____ I will communicate, to the best of my ability directly with my coaches.
_____ I know in order to be an athlete at Charlotte Allstars there is absolutely NO Vaping, smoking, drinking of alcoholic beverages or use of drugs. This will result in immediate dismissal from the team.

_____ All cell phones must be in cubbies or bags during practices.
_____ I know there is no food or drinks allowed in the gym other than water.
_____ I know that challenging or undermining the authority of the coach or any person in charge will result in automatic dismissal from the team.
_____ Bullying, gossiping, or negative talk about other teammates, other Charlotte Allstar members, our staff, parents, or other programs is forbidden and will result in automatic dismissal.
_____ As a Charlotte Allstar I will support my gym 100%. With that, I will not take classes or privates at any other allstar program's facility.
_____ I will follow all Gym Dress Code rules listed below:

- ★ ONLY Charlotte Allstar Clothing may be worn at CAC practices, privates and/or classes (this may include event shirts that have Charlotte Allstar Cheerleading listed on them).
- ★ Wearing the correct practice wear set forth by coaches
- ★ Wearing only Varsity Brand shoes will be allowed at CAC and must be worn at all times.
- ★ Female athletes must have their hair in a high ponytail with a hair bow. Short hair should be pinned back so that it does not get in the way.
- ★ Spaghetti strap tank tops are NOT allowed to be worn during practice, privates and/or classes.
- ★ Sports bras may NOT be worn alone without a shirt or tank top over it.
- ★ Shirt and tank top arm holes may not be cut so that you can see your entire sports bra and skin through the side of your shirt. This is for girls and guys alike.
- ★ Everyone needs to wear spandex shorts under their shorts.
- ★ If you wear spandex shorts alone, they must be at an appropriate length that they cover the entire bottom and do not end up looking like bloomers.
- ★ Finger nails are to be kept short.
- ★ NO JEWELRY can be worn during practice! Including ear, nose, tongue, eye brow, or belly button rings. Wearing these can result in serious injury to you or another athlete. Jewelry is also illegal in competition.

_____ I understand that any repeat or varied offense of Athletes expectations will result in these consequences:
Strike 1. Phone call to parent
Strike 2. Sit out of practice and/or competition (without a refund of any kind)
Strike 3. Meeting with athlete, parent, head coach, and owners to discuss the athlete's future at CAC.
** Charlotte Allstars reserves the right to skip directly to Strike 2 or 3 should we deem the offense severe enough.

Parent Initials Only: CAC Environment

- _____ Charlotte Allstars is trying to create a positive, pleasant learning environment for all athletes, and I will support CAC in this endeavor.
- _____ Under no circumstance will I enter the practice area at the Charlotte Allstar gym or
- _____ Under no circumstance will I enter the practice area, warm – up or any restricted area set forth by the USASF at a competition.
- _____ I will respect and support the decisions made by the coaching staff. I know our coaches have years of experience and will make the best decisions for the entire team/ program.
- _____ I will be courteous and considerate to all teams, athletes, staff, and other allstar programs by demonstrating good sportsmanship at all times.
- _____ I will maintain open communication with Staff at CAC no matter how small the question or concern is.
- _____ I understand that CAC recommends waiting 24 hours before contacting any CAC employee about a complaint I have, to ensure the clearest and calmest communication possible.
- _____ I will communicate with coaches during office hours, which typically start at 2pm Monday – Thursday.
- _____ I know that Coaches will only discuss concerns regarding my athlete.
- _____ If an issue arises, I will discuss the issue with my Head Coach first, then with Julie O’Brien.
- _____ If I have grievances, I will only address these with the coach, gym directors, or owners – never with another parent or my own athlete.
- _____ I understand that as a parent I should communicate potential conflicts with my athlete’s coach as soon as they arise.
- _____ I understand that once the calendars are published, the practice dates are firm. The coaches expect all team members to attend all scheduled practices.
- _____ I, as a parent agree to pay a \$25 replacement fee on behalf of my child for losing/forgetting my bow for/at a competition.
- _____ I know if I behave in a manner in or out of the gym that we view as inappropriate I may be asked to leave CAC.

- _____ Parent gossip in the parent viewing room will not be tolerated. Therefore, I know that being able to observe my child at every practice in the parent viewing area is a privilege, not a right and I will respect that privilege, or risk having that privilege taken away from me.

Parent Initials Only: Financial Agreement

- _____ I understand it is my responsibility to keep my balance at zero in order to continue at CAC.
- _____ I understand that if I allow myself to miss tuition payments, my athlete will sit out of practice until my balance is back to zero.
- _____ I will stay in communication with Murielle Miller about my account.

Parent Initials Only: Financial Agreement Continued...

_____ I understand that a 30 day drop notice is also required if I choose to pull my athlete from CAC. (If the drop notice is turned in after the 5th of the month then the next month's tuition will be still be drafted.)

_____ I authorize Charlotte Allstar Gymnastics & Cheerleading to charge my credit card on file for all regular monthly fees.

_____ I understand that this authorization will remain in effect until I cancel it in writing (via the cancellation form I will fill out at the front desk), and I agree to notify Charlotte Allstar Gymnastics and Cheerleading in writing of any changes in my account information or termination of this authorization at least **30 days** prior to the next billing date.

_____ If the above noted payment dates fall on a weekend or holiday, I understand that the payments may be executed on the next business day. I understand that because these are electronic transactions, these funds may be withdrawn from my account as soon as the above noted periodic transaction dates.

_____ In the case of a transaction being rejected for Non-Sufficient Funds (NSF) I understand that Charlotte Allstar Gymnastics and Cheerleading, LLC may at its discretion attempt to process the charge again within 7 days, and agree to an additional \$30.00 charge for each attempt returned NSF which will be initiated as a separate transaction from the authorized recurring payment.

_____ I acknowledge that the origination of ACH transactions to my account must comply with the provisions of U.S. law. I certify that I am an authorized user of this credit card and will not dispute these scheduled transactions with my bank or credit card Company; so long as the transactions correspond to the terms indicated in this authorization form.

_____ In the event that I withdraw my child from participation for any reason, I will not receive a refund for payments already made to Charlotte Allstar Gymnastics and Cheerleading, LLC (my initials _____).

By signing this form and initialing next to the above statements, I am agreeing to the terms laid out in this **Payment Authorization Form**.

X _____ Date: _____

By signing this form and initialing the statements about, as an **athlete** I am agreeing to all of the expectations listed in this form.

X _____ Date: _____

By signing this form and initialing the statements about, as a **Parent**, am agreeing to all of the expectations listed in this form.

X _____ Date: _____