

Welcome to



**CHARLOTTE ALLSTAR
CHEERLEADING**

"Come be a part of the tradition."

SEASON 35

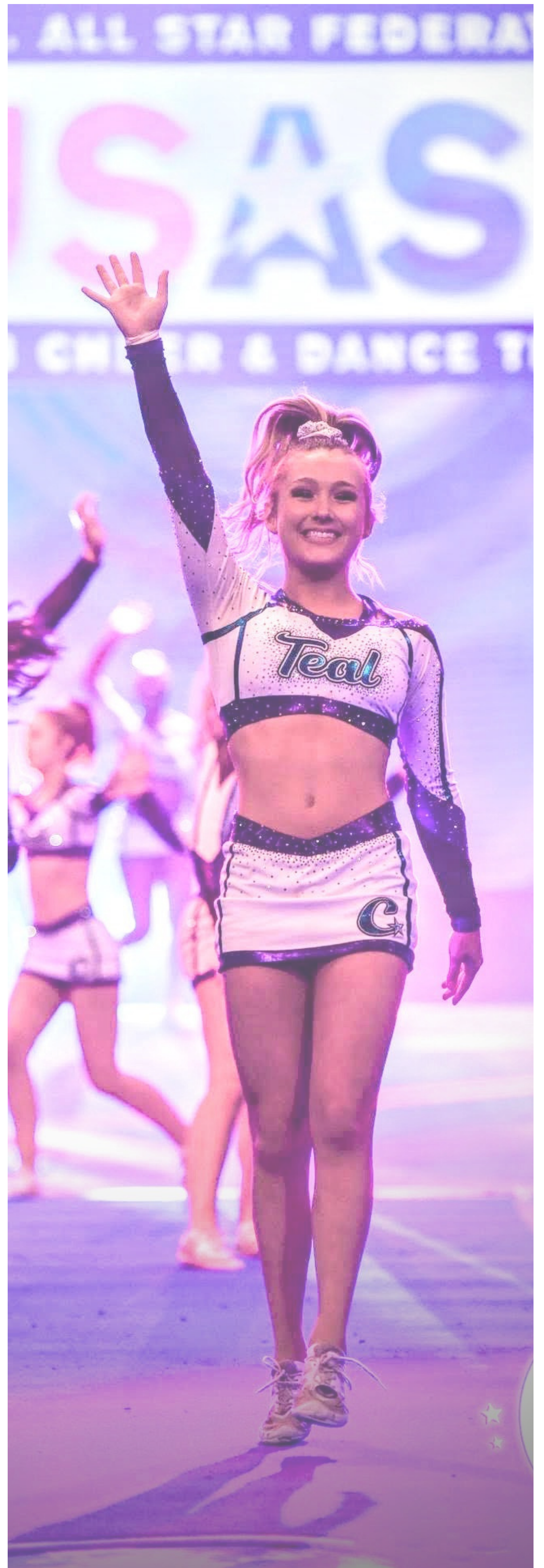
THANK YOU for your expressed interest in Charlotte Allstar Cheerleading!

We are very excited to be heading into our 35th season of business as the longest standing Cheerleading Gym in the Nation. CAC has created a safe space for all athletes (from their first year, all the way through their 16th year) no matter their experience, our program has become a second home to over 6,850 athletes over the past 35 years.

We pride ourselves on building strong athletes in and outside of the gym, continuing education of our sport for all parties involved, and excelling in every competitive area.

Charlotte Allstars is organized and communicative which provides the best experience for our clients. This packet is put together to show that from the moment you flip through it.

As long as your family and your potential new Charlotte Allstar athlete desire to develop their skills, and are committed to our program, then we will gladly welcome you ALL to the CAC family!



Evaluations & Level Practices



Evaluations will take on **Saturday, May 11** by Level. The time frames for each level evaluations are listed below:

Level 1: 9:00am - 10:00am
Birth Year 2015 - 2019

Level 1: 10:00am - 11:00am
Birth Year June 1 2005 - 2014

Level 2: 11:15am - 12:15pm

Level 3: 12:15pm - 1:15pm

Level 4: 1:15pm - 2:15pm

Level 5 & 6: 2:15pm - 3:15pm

Level 4.2 & Non Tumble: 3:15 - 4:00pm

**All accounts must be at a zero balance to evaluate unless approved by Murielle Miller.*

After evaluations are over, we will put athletes into Level Practice Groups (which will be emailed out the night of May 11.)

Level Practice groups will practice 3 days from May 13 - 21: Monday / Wednesday / Monday or Tuesday / Thursday / Tuesday. Athletes that are in between levels may be asked to come to more than 1 Level Practice Group.

Level Practices will consist of Stunting, Tumbling, Jumping and Dancing. Stunting will be at the level group they are in, while Tumbling will consist of current mastered Level and a Level up.

This process has allowed us to get to know new athletes that come in the door and also allow us to see their skill set more than once before placing them on a team.

2024 - 2025 CAC Pricing

Evaluation Pricing is as follows:

Early Bird Special - March 31: \$55	April 1 - April 30: \$75	May 1 - May 10: \$95	May 11 or after: \$115
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May Tuition is \$215 and will be drafted on May 13. This covers 2024 T-Shirt, Level Practices, Purple Premier fee and final team placement.

Charlotte Allstars Monthly Tuition is all inclusive. CAC strives to give a very transparent view of all costs for our competitive cheerleading program by creating a monthly tuition that is consistent for 11 months, without surprise pop up fees.

We add the majority of expenses & tuition, subtract out May Tuition for Level Practices then divide by 11 months (June - April.) We have found that this monthly payment structure is easier for families to budget and plan for the 2024 - 2025 competition season.

ALL FULL YEAR TEAMS:	Prep Teams Monthly Tuition:	\$285.00
	Elite Teams (Level 1 - 5) Monthly Tuition:	\$345.00
	Non Tumble Team (Levels 4 - 5) Monthly Tuition:	\$365.00
	Worlds Team Non Tumble Monthly Tuition:	\$380.00
	Worlds Tumbling Team Monthly Tuition:	\$395.00

Included in our monthly tuition for full year CAC teams:

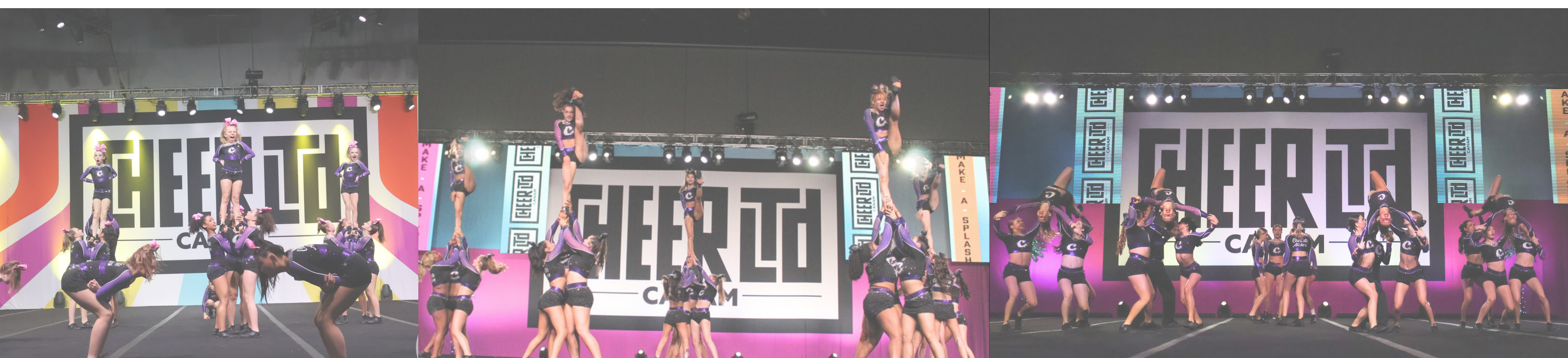
Gym Registration	3 Athlete Tanks	Routine Choreography
Skills Camp	2 Practice Wear Sets	Routine Music
Instructional Tuition	Competition Hair Bow	Athlete Banquet Fee
Extra Practices	End of Season Swag Bag	Camp Purple (July 19 - 21)
1 Sunday Tumbling Class		Beach Camp (Level 6 Only)

* Coaches Fees

* Competition Fees

***These do not include our end of season events**

Additional Cost that are NOT included in Monthly Tuition: End of the Year events (All of our teams will end their event in Orlando, FL) Competition Uniform, Indoor Cheer Shoes, USASF Registration – All Parents must register their athlete(s), All hotel & travel.



CAC Tumbling & Jump Requirements

2024 Charlotte Allstar Evaluation				
Athlete's Name: _____				
Athlete's DOB: _____				
LEVEL 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Beginner Forward Roll Backward Roll Cartwheel Bridge Kickover
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Advanced Standing: Handstand Forward Roll Back Walkover (BWO) Running: Round Off (RO) FWO Series Cartwheel BWO
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Elite Standing: BWO Series BWO Switch Leg Back Extension Roll Valdez Running: FWO CW BWO Series
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	LA Standing: Back Handspring (BHS) Running: RO BHS
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Advanced Standing: BWO BHS BHS Stepout (SO) BWO Running: RO BHS SO Front Handspring (FHS) FWO FHS
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Elite Standing: BWO Switch Leg - BHS BHS Step Out BWO BHS Running: RO BHS / BHS Series FWO RO BHS / BHS Series CW/RO - BHS SO BWO - BHS / (or) BHS Series
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	LA Running: Ariel
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Advanced Standing: BHS x3 Jump BHS Series Running: RO BHS/BHS Series - Tuck(T) Punch Front (PF)
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Elite Standing: BHS Step-Out BWO-BHS BHS BHS - Jump - BHS Running: RO BHS SO 1/2 Turn RO T FWO Ariel Boulder RO BHS T FHS PF FWO RO T
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	LA Standing: BT Running: FWO CW T Front Ariel
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Advanced Standing: BHS Series T Onodi BWO BT Running: PF PF RO Whip/T to T FHS PF SO RO - anything ^
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

LEVEL 4 Continued				
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Elite Standing: Jump BHS / BHS Series T BHS Step Out BT Running: RO - BHS - Layout (L) FWO / PF SO RO BHS L RO Whip/T BHS L FHS PF SO RO to L FHS PF SO RO Whip BHS L
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	LA Running: Barani Standing: T BHS/BHS Series T RO Half RO Full
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Advanced Standing: TT FT / BT BHS Series Whip Tuck TT BHS Series Whip Tuck BHS Series to L Running: RO - BHS - Full FWO - RO - Full Barani - to - Layout / Full RO - Arabian / Arabian SO
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Elite Standing: Jump BHS - BHS - Layout BHS - Layout BHS / BHS Series - Whip - BH Running: PF Step Out / FWO - to - Full Front Full FHS - PF SO - RO - to - Full RO - Whip - Full
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	LA Running: Cartwheel Full RO Onodi to Full Front Full
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Advanced Standing: BHS Series Full BHS Series - Whip - Full Running: RO - Whip to Full PF SO to Full Front 1.5
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
LEVEL 6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Elite Standing: BHS Full Standing Full TT Full BHS Series Double Running: FHS PF - RO - BHS - Full RO to Full Full RO 1.5 to Full RO Arabian to Full RO Full Whip Full RO - BHS - Double RO - Whip - BHS - Double
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
JUMPS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Double TT Pike Hurdler
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
POSITIONS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Heel Stretch Bow Scorpion
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
I performed all the skills I wanted to today!				
Athlete Signature / Coach Signature				Date

CAC Parent Account Dashboard

Please become familiar with your parent CAGC Dashboard. This is where you may update your personal information, payment information, make online payments (for items and classes separate from your automatically drafted tuition payments) as well as sign up for additional classes or events.

NEW MEMBERS: (Never been enrolled in a class or team at CAGC)

How to Register your athlete for Charlotte Allstars:

1. Go to www.CharlotteAllstars.NET
2. Hover over to Competition Teams
3. Click on "Register for CAC Evaluations"
4. Scroll to the section of the page titled "2023 Full Year Evals - Pick Level"
5. Click the register button beside of the level in which your child wishes to be evaluated for. You will be prompted to a registration form.
6. Please note that the "Family Last Name" is your ATHLETE'S LAST NAME even if it is different from yours. You will be able to type in parent last names under "Contact 1" and "Contact 2"
7. You must enter information in every space that has an asterisk (this includes the credit card you will use for the monthly tuition drafts).
8. After completing your registration form, you will receive a confirmation email. Once you receive the confirmation email, you will click on "Click here to access your parent portal".
9. You will then be prompted to enter in the email you used during registration and then create a password.
10. Once you have logged in, you will come to your personal Dashboard. Here you will have access to account information.
11. Your athlete is now officially registered for 2024 Charlotte Allstar Cheerleading Evaluations! Welcome to the CAC Family!

RETURNING MEMBERS:

How to log into your CAGC DASHBOARD:

1. Go to www.CharlotteAllstars.NET
2. Click on Parent Portal in the top right-hand corner
3. Enter your User ID and Password ** If you have never logged in or forgot your login information, click on "Reset Password" and you will receive password reset information to your provided email address.
4. Once you have logged in, you will come to your CAGC Dashboard. Here you will have access to your account and registration information.
5. Click "Find Classes"
6. Select "2024 Full Year CAC Evaluations / (Pick Level)"
7. Click "Add to Cart"
8. Select Student(s)
9. Read & Click ALL POLICIES
10. Then Click "Add" (back up at the top)
11. Click "Check out now"
12. Click "Accept Enrollment Fees & Continue"
13. Your athlete is now officially registered for 2024 Charlotte Allstar Cheerleading Evaluations! Welcome back to the CAC Family!



Charlotte Allstars Current Calendar

Kick Off Party & Parent Meeting: May 17

Purple Premier (Team Announcements): May 23

First Team Practice: May 28 or May 29

Beach Camp for Elite Teams: June 21 - 24

Optional for Levels 1 - 5 and will be an additional cost (around \$415.) ***Level 6 Teams are included in monthly tuition**

Fourth Of July: July 1 - 5 / No Practices

Camp Purple: July 19 - 21 / at CAC - Friday: 5 - 9pm,
Saturday: 9am - 5pm, Sunday: 1pm - 5pm

Labor Day Weekend: August 30 - September 2 / No Practice

First Sunday Practice: September 8

Fall Break: October 11 - 14

Thanksgiving Break: November 26 - 29

First Sunday Back from Thanksgiving: December 1

Holiday Break: December 20 - January 3

First Practice Back: January 4

Mandatory Practices: April 12 & 13

Spring Break: April 14 - 20

First Practice Back from Spring Break: April 21

***Worlds Team Schedule WILL differ from all dates. Please do not make plans until teams are set & communication coaches have emailed you an April Calendar.**

End of Season Send Offs: Will be the week of EOS Event ***Mandatory for all athletes in order to compete at EOS Event.**

Choreography Camps will take place over 3 days from July 22 - August 25. This camp is required, and dates will be set once the team is selected. If your athlete is out of town, a substitute (of the same skill set) is required and must be approved by your communication coach.

Competition Schedule will be released in August 2024. We will continue to do our due diligence to find competitions that put customers first and give the best experience!

Attendance Policy is as follows. Athletes are allowed to miss in the summer with prior approval for Family Vacations, Mission trips, etc. that are out of town. Once Fall Schedule begins all practices are mandatory. We are willing to work with Football schedules, with that athletes are not allowed to miss more than 4 practices August - October. November kicks off Showcase and competition season. In order for your athlete to keep their spot on a team roster, practices again are mandatory and must be your first priority.

Practice in the Summer: *x2 per week (*typically*, Monday & Wednesday or Tuesday & Thursday)

Practice in the Fall: Sunday & Once per week (Tuesday, Wednesday or Thursday)



Checklist in preparation for Evaluations



Read through Welcome Packet



Choose what Tumbling Level your athlete has mastered



Register for that Level Evaluation



Print & Bring Parent / Athlete Contract to Evaluations



Print & Bring Vacation Calendar to Evaluations



Get ready to be a part of the longest standing tradition!





CELEBRATING

35

YEARS OF CAC

